

| South Central Zone- SL |  |  |  |   |  |  |  |
|------------------------|--|--|--|---|--|--|--|
|                        | Morning Tea  |  |  |   |  |  |  |
| S.No                   | Set-1  | Set 2  | Set 3  | Set 4   | Set 5  | Set 6  | Set 7  |
|                        | Choice of Tea/ Coffee  | Choice of Tea/ Coffee  | Choice of Tea/ Coffee  | Choice of Tea/ Coffee   | Choice of Tea/ Coffee  | Choice of Tea/ Coffee  | Choice of Tea/ Coffee  |
|                        | Sugar Sachet / Sugarfree sachets (7gm)   | Sugar Sachet / Sugarfree sachets (7gm)   | Sugar Sachet / Sugarfree sachets (7gm)   | Sugar Sachet / Sugarfree sachets (7gm)  | Sugar Sachet / Sugarfree sachets (7gm)   | Sugar Sachet / Sugarfree sachets (7gm)   | Sugar Sachet / Sugarfree sachets (7gm)   |
|                        | Dairy Creamer sachet (5gm)   | Dairy Creamer sachet (5gm)   | Dairy Creamer sachet (5gm)   | Dairy Creamer sachet (5gm)  | Dairy Creamer sachet (5gm)   | Dairy Creamer sachet (5gm)   | Dairy Creamer sachet (5gm)   |
|                        | Stirrer + Napkin tissue  | Stirrer + Napkin tissue  | Stirrer + Napkin tissue  | Stirrer + Napkin tissue   | Stirrer + Napkin tissue  | Stirrer + Napkin tissue  | Stirrer + Napkin tissue  |
|                        | Disposable Cup   | Disposable Cup   | Disposable Cup   | Disposable Cup  | Disposable Cup   | Disposable Cup   | Disposable Cup   |
|                        | Set-1  | Set 2  | Set 3  | Set 4   | Set 5  | Set 6  | Set 7  |
|                        | Bhagar Veg Upma (150 gm) + Medu Vada (40 gm) + Coconut Chutney (50 gms) + Sambhar (100 gms)              | Onion Uttapam (150 gms) + Dal Vada (40 gms) + Coconut Chutney (50 gms) + Sambhar (100 gms)               | Set Dosai (3 nos) of 150 gms + Medu Vada (40 gm) + Coconut Chutney (50 gms) + Sambhar (100 gms)          | 2 Stuffed (Aloo/ Gobhi/ Mix Veg. Etc) Paratha (75 gm each) + Branded curd (80 gm) + Pickle in blister pack (10gm) | 03 Idli (150 gms)+ Medu Vada (40 gms) + Coconut Chutney (50 gms) + Sambhar (100 gms)                     | Pongal (150 gms) + Medu Vada (40 gms) + Coconut Chutney (50 gms) + Sambhar (100 gms)                     | Paneer. cutlet-2 (50gm each) + 2 sliced brown bread (50gm) + Butter in blister pack (8gm)                |
|                        | <b>OR</b>  |  |  |   |  |  |  |
|                        | Omelette of 2 eggs + Tomato Ketchup sachet (10g) + 2 sliced bread (50gm) + Butter in blister pack (8gms) | Omelette of 2 eggs + Tomato Ketchup sachet (10g) + 2 sliced bread (50gm) + Butter in blister pack (8gms) | Omelette of 2 eggs + Tomato Ketchup sachet (10g) + 2 sliced bread (50gm) + Butter in blister pack (8gms) | Omelette of 2 eggs + Tomato Ketchup sachet (10g) + 2 sliced bread (50gm) + Butter in blister pack (8gms)          | Omelette of 2 eggs + Tomato Ketchup sachet (10g) + 2 sliced bread (50gm) + Butter in blister pack (8gms) | Omelette of 2 eggs + Tomato Ketchup sachet (10g) + 2 sliced bread (50gm) + Butter in blister pack (8gms) | Omelette of 2 eggs + Tomato Ketchup sachet (10g) + 2 sliced bread (50gm) + Butter in blister pack (8gms) |
| 2                      | Choice of Tea/ Coffee  | Choice of Tea/ Coffee  | Choice of Tea/ Coffee  | Choice of Tea/ Coffee   | Choice of Tea/ Coffee  | Choice of Tea/ Coffee  | Choice of Tea/ Coffee  |
|                        | Sugar Sachet / Sugarfree sachets (7gm)   | Sugar Sachet / Sugarfree sachets (7gm)   | Sugar Sachet / Sugarfree sachets (7gm)   | Sugar Sachet / Sugarfree sachets (7gm)  | Sugar Sachet / Sugarfree sachets (7gm)   | Sugar Sachet / Sugarfree sachets (7gm)   | Sugar Sachet / Sugarfree sachets (7gm)   |
|                        | Dairy Creamer sachet (5gm)   | Dairy Creamer sachet (5gm)   | Dairy Creamer sachet (5gm)   | Dairy Creamer sachet (5gm)  | Dairy Creamer sachet (5gm)   | Dairy Creamer sachet (5gm)   | Dairy Creamer sachet (5gm)   |
|                        | Stirrer + Napkin tissue  | Stirrer + Napkin tissue  | Stirrer + Napkin tissue  | Stirrer + Napkin tissue   | Stirrer + Napkin tissue  | Stirrer + Napkin tissue  | Stirrer + Napkin tissue  |
|                        | Disposable Cup   | Disposable Cup   | Disposable Cup   | Disposable Cup  | Disposable Cup   | Disposable Cup   | Disposable Cup   |
|                        | Napkin Tissue Paper + Salt & Pepper Sachet + Disposable wooden spoon + Sanitizer (1.5ml)                 | Napkin Tissue Paper + Salt & Pepper Sachet + Disposable wooden spoon + Sanitizer (1.5ml)                 | Napkin Tissue Paper + Salt & Pepper Sachet + Disposable wooden spoon + Sanitizer (1.5ml)                 | Napkin Tissue Paper + Salt & Pepper Sachet + Disposable wooden spoon + Sanitizer (1.5ml)                          | Napkin Tissue Paper + Salt & Pepper Sachet + Disposable wooden spoon + Sanitizer (1.5ml)                 | Napkin Tissue Paper + Salt & Pepper Sachet + Disposable wooden spoon + Sanitizer (1.5ml)                 | Napkin Tissue Paper + Salt & Pepper Sachet + Disposable wooden spoon + Sanitizer (1.5ml)                 |
|                        | Evening Snacks   |  |  |   |  |  |  |
|                        | Set-1  | Set 2  | Set 3  | Set 4   | Set 5  | Set 6  | Set 7  |
|                        | Batata Vada (40gm)   | Baked Samosa (40gm)  | Mysore Bonda (40gm)  | Vadai (40gm)  | Aloo Samosa (40gm)   | Dal Kachori (40gm)   | Mysore Bonda (40gm)  |
|                        | Tomato Ketchup (12 gm)   | Tomato Ketchup (12 gm)   | Tomato Ketchup (12 gm)   | Tomato Ketchup (12 gm)  | Tomato Ketchup (12 gm)   | Tomato Ketchup (12 gm)   | Tomato Ketchup (12 gm)   |
|                        | Choice of Tea/ Coffee  | Choice of Tea/ Coffee  | Choice of Tea/ Coffee  | Choice of Tea/ Coffee   | Choice of Tea/ Coffee  | Choice of Tea/ Coffee  | Choice of Tea/ Coffee  |
|                        | Sugar Sachet / Sugarfree sachets (7gm)   | Sugar Sachet / Sugarfree sachets (7gm)   | Sugar Sachet / Sugarfree sachets (7gm)   | Sugar Sachet / Sugarfree sachets (7gm)  | Sugar Sachet / Sugarfree sachets (7gm)   | Sugar Sachet / Sugarfree sachets (7gm)   | Sugar Sachet / Sugarfree sachets (7gm)   |
|                        | Dairy Creamer sachet (5gm)   | Dairy Creamer sachet (5gm)   | Dairy Creamer sachet (5gm)   | Dairy Creamer sachet (5gm)  | Dairy Creamer sachet (5gm)   | Dairy Creamer sachet (5gm)   | Dairy Creamer sachet (5gm)   |
| 3                      |  |  |  |   |  |  |  |

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|---|--|--|--|--|--|--|--|
|   | Stirrer + Napkin tissue  | Stirrer + Napkin tissue  | Stirrer + Napkin tissue  | Stirrer + Napkin tissue  | Stirrer + Napkin tissue  | Stirrer + Napkin tissue  | Stirrer + Napkin tissue  |
|   | Disposable Cup   | Disposable Cup   | Disposable Cup   | Disposable Cup   | Disposable Cup   | Disposable Cup   | Disposable Cup   |
|   | <b>Lunch &amp; Dinner</b>  |  |  |  |  |  |  |
|   | <b>Set-1</b>   | <b>Set 2</b>   | <b>Set 3</b>   | <b>Set 4</b>   | <b>Set 5</b>   | <b>Set 6</b>   | <b>Set 7</b>   |
|   | Veg. Pulao 100 gm  | Jeera Rice 100gm   | Plain Rice 100gm   | Jeera Rice 100gm   | Plain Rice 100gm   | Jeera Rice 100gm   | Veg. Pulao 100 gm  |
|   | Plain Roti 100gm (4 no)  | Plain Roti 100gm (4 no)  | Plain Roti 100gm (4 no)  | Plain Roti 100gm (4 no)  | Plain Roti 100gm (4 no)  | Plain Roti 100gm (4 no)  | Plain Roti 100gm (4 no)  |
|   | Dal Arhar 120gm  | Dal Tadka 120gm  | Moong Dal 120gm  | Dal Chana 120gm  | Dal Chola 120gm  | Moong Dal 120gm  | Dal Fry 120gm  |
|   | Mix Seasonal Veg of regional preference(120 gm)  | Mix Seasonal Veg of regional preference(120 gm)  | Mix Seasonal Veg of regional preference(120 gm)  | Mix Seasonal Veg of regional preference(120 gm)  | Mix Seasonal Veg of regional preference(120 gm)  | Mix Seasonal Veg of regional preference(120 gm)  | Mix Seasonal Veg of regional preference(120 gm)  |
|   | OR   | OR   | OR   | OR   | OR   | OR   | OR   |
| 4   | Chicken Curry of regional preference 100 gm (60gm boneless chicken)                      | Chicken Curry of regional preference 100 gm (60gm boneless chicken)                      | Chicken Curry of regional preference 100 gm (60gm boneless chicken)                      | Chicken Curry of regional preference 100 gm (60gm boneless chicken)                      | Chicken Curry of regional preference 100 gm (60gm boneless chicken)                      | Chicken Curry of regional preference 100 gm (60gm boneless chicken)                      | Chicken Curry of regional preference 100 gm (60gm boneless chicken)                      |
|   | Pickle Sachet (12gm)   | Pickle Sachet (12gm)   | Pickle Sachet (12gm)   | Pickle Sachet (12gm)   | Pickle Sachet (12gm)   | Pickle Sachet (12gm)   | Pickle Sachet (12gm)   |
|   | Branded Curd/ Mishti Doi 80 gm   | Branded Curd/ Mishti Doi 80 gm   | Branded Curd/ Mishti Doi 80 gm   | Branded Curd/ Mishti Doi 80 gm   | Branded Curd/ Mishti Doi 80 gm   | Branded Curd/ Mishti Doi 80 gm   | Branded Curd/ Mishti Doi 80 gm   |
|   | Napkin Tissue Paper + Salt & Pepper Sachet + Disposable wooden spoon + Sanitizer (1.5ml) | Napkin Tissue Paper + Salt & Pepper Sachet + Disposable wooden spoon + Sanitizer (1.5ml) | Napkin Tissue Paper + Salt & Pepper Sachet + Disposable wooden spoon + Sanitizer (1.5ml) | Napkin Tissue Paper + Salt & Pepper Sachet + Disposable wooden spoon + Sanitizer (1.5ml) | Napkin Tissue Paper + Salt & Pepper Sachet + Disposable wooden spoon + Sanitizer (1.5ml) | Napkin Tissue Paper + Salt & Pepper Sachet + Disposable wooden spoon + Sanitizer (1.5ml) | Napkin Tissue Paper + Salt & Pepper Sachet + Disposable wooden spoon + Sanitizer (1.5ml) |
| Service in Good Quality Casseroles<br>Food to be served on a tray, with tray mat having details of menu and IRCTC toll free number<br>Option of Jain/ diabetic Food to be provided.<br>Ready Made Masala Tea to be provided on demand |  |  |  |  |  |  |  |