

Jain Food (without Onion & Garlic)- SL

SN	Morning Tea				
	NZ	EZ	WZ	SCZ	SZ
1	Choice of Tea/ Coffee	Choice of Tea/ Coffee	Choice of Tea/ Coffee	Choice of Tea/ Coffee	Choice of Tea/ Coffee
	Sugar Sachet / Sugarfree sachets (7gm)	Sugar Sachet / Sugarfree sachets (7gm)	Sugar Sachet / Sugarfree sachets (7gm)	Sugar Sachet / Sugarfree sachets (7gm)	Sugar Sachet / Sugarfree sachets (7gm)
	Dairy Creamer sachet (5gm)	Dairy Creamer sachet (5gm)	Dairy Creamer sachet (5gm)	Dairy Creamer sachet (5gm)	Dairy Creamer sachet (5gm)
	Stirrer + Napkin tissue	Stirrer + Napkin tissue	Stirrer + Napkin tissue	Stirrer + Napkin tissue	Stirrer + Napkin tissue
	Disposable Cup	Disposable Cup	Disposable Paper Cup	Disposable Cup	Disposable Cup
Breakfast					
2	NZ	EZ	WZ	SCZ	SZ
	Kulcha 2 (50gm each) + Dry Chana (100 gm) + Pickle in sachet (10gm)	Luchi 4 no. (75 gms) + Chana Dal (125 gms),+ Pickle in Blister pack (10gm) + Branded Curd (80gm)	Veg. Besan Chila 100gm (mixed with chopped tomato) + Pickle in Blister pack (10gm)	Bhagar Veg Upma (150 gm) + Medu Vada (40 gm) + Coconut Chutney (50 gms) + Sambhar (100 gms)	03 Idli (150 gms)+ Medu Vada (40 gms) + Coconut Chutney (50 gms) + Sambhar (100 gms)
	Choice of Tea/ Coffee	Choice of Tea/ Coffee	Choice of Tea/ Coffee	Choice of Tea/ Coffee	Choice of Tea/ Coffee
	Sugar Sachet / Sugarfree sachets (7gm)	Sugar Sachet / Sugarfree sachets (7gm)	Sugar Sachet / Sugarfree sachets (7gm)	Sugar Sachet / Sugarfree sachets (7gm)	Sugar Sachet / Sugarfree sachets (7gm)
	Dairy Creamer sachet (5gm)	Dairy Creamer sachet (5gm)	Dairy Creamer sachet (5gm)	Dairy Creamer sachet (5gm)	Dairy Creamer sachet (5gm)
	Stirrer + Napkin tissue	Stirrer + Napkin tissue	Stirrer + Napkin tissue	Stirrer + Napkin tissue	Stirrer + Napkin tissue
	Disposable Cup	Disposable Cup	Disposable Paper Cup	Disposable Cup	Disposable Cup
Napkin Tissue Paper + Salt & Pepper Sachet + Disposable wooden spoon + Sanitizer (1.5ml)	Napkin Tissue Paper + Salt & Pepper Sachet + Disposable wooden spoon + Sanitizer (1.5ml)	Napkin Tissue Paper + Salt & Pepper Sachet + Disposable wooden spoon + Sanitizer (1.5ml)	Napkin Tissue Paper + Salt & Pepper Sachet + Disposable wooden spoon + Sanitizer (1.5ml)	Napkin Tissue Paper + Salt & Pepper Sachet + Disposable wooden spoon + Sanitizer (1.5ml)	
Evening Snacks					
3	NZ	EZ	WZ	SCZ	SZ
	Dal Kachori (40gm)	Mattar Singara (40gm)	Masala Khakhra (40gm)	Lilwa Mattar Kachori (40gm)	Masala Vada (40gm)
	Choice of Tea/ Coffee	Choice of Tea/ Coffee	Choice of Tea/ Coffee	Choice of Tea/ Coffee	Choice of Tea/ Coffee
	Sugar Sachet / Sugarfree sachets (7gm)	Sugar Sachet / Sugarfree sachets (7gm)	Sugar Sachet / Sugarfree sachets (7gm)	Sugar Sachet / Sugarfree sachets (7gm)	Sugar Sachet / Sugarfree sachets (7gm)
	Dairy Creamer sachet (5gm)	Dairy Creamer sachet (5gm)	Dairy Creamer sachet (5gm)	Dairy Creamer sachet (5gm)	Dairy Creamer sachet (5gm)
	Stirrer + Napkin tissue	Stirrer + Napkin tissue	Stirrer + Napkin tissue	Stirrer + Napkin tissue	Stirrer + Napkin tissue
Disposable Cup	Disposable Cup	Disposable Paper Cup	Disposable Cup	Disposable Cup	
Lunch & Dinner					
4	NZ	EZ	WZ	SCZ	SZ
	Veg. Pulao 100 gm (Basmati Rice)	Plain Rice 100 gm (Basmati Rice)	Kashimri Pulao 100 gm (Basmati Rice)	Jeera Rice 100 gm (Basmati Rice)	Peas Pulao 100 gm (Basmati Rice)
	Plain Roti 100gm (4 no)	Plain Roti 100gm (4 no)	Plain Roti 100gm (4 no)	Plain Roti 100gm (4 no)	Plain Roti 100gm (4 no)
	Dal Arhar 120gm	Dal Arhar 120gm	Dal Arhar 120gm	Dal Arhar 120gm	Dal Arhar 120gm
	Mix Seasonal Veg of regional preference (120 gm)	Mix Seasonal Veg of regional preference(120 gm)	Mix Seasonal Veg of regional preference(120 gm)	Mix Seasonal Veg of regional preference(120 gm)	Mix Seasonal Veg of regional preference(120 gm)
	Pickle Sachet (12gm)	Pickle Sachet (12gm)	Pickle Sachet (12gm)	Pickle Sachet (12gm)	Pickle Sachet (12gm)
	Branded Curd/ Mishti Doi 80 gm	Branded Curd/ Mishti Doi 80 gm	Branded Curd/ Mishti Doi 80 gm	Branded Curd/ Mishti Doi 80 gm	Branded Curd/ Mishti Doi 80 gm
Napkin Tissue Paper + Salt & Pepper Sachet + Disposable wooden spoon + Sanitizer (1.5ml)	Napkin Tissue Paper + Salt & Pepper Sachet + Disposable wooden spoon + Sanitizer (1.5ml)	Napkin Tissue Paper + Salt & Pepper Sachet + Disposable wooden spoon + Sanitizer (1.5ml)	Napkin Tissue Paper + Salt & Pepper Sachet + Disposable wooden spoon + Sanitizer (1.5ml)	Napkin Tissue Paper + Salt & Pepper Sachet + Disposable wooden spoon + Sanitizer (1.5ml)	
It is to ensure that Ingredients not suitable for Jain Meal, not be used in preparation of Jain Meal Service in Good Quality Casseroles (50 microns or more)/ Biogradable packaging like bagasse/ corn starch					