

**Options for Continental veg. and Non-veg. Menu for 1AC/EC is as under,**

- a. **Veg:** 2 Slice Brown/ Whole wheat Bread (50 gm), Pasta with Seasoning and Red/ White Sauces (100 gm), Grilled Cottage Cheese Slice (100gms), Boiled Assorted Veg- 50 gms. with Butter Chiplet (8 gm), Tomato Ketchup - 12 gms

**OR**

- b. **Non- Veg:** 2 Slice Bread (White/Brown - 50 gms), Macroni/Pasta with Seasoning and Barbeque/White Sauces (90 gms), Chicken Breast Saute (60 gms), Boiled Assorted Veg. - 50 gms with Butter Chiplet (8-10 gms), Salt & Pepper Sachet (1 gms/0.5 gms), Tomato Ketchup - 12 gms

**\* This shall be as a continental option to main course, whereas other courses (soup & dessert, along with accompaniments) shall be provided as per regular menu.**