		Ν	Menu for Train no. 20171- 72 RK	XMP - NDLS Vande Bharat Ex	press (for EC Classes)		
Service	Item	Menu 1 (Day 1 & Day 4)	Menu 2 (Day 2)	Menu 3 (Day 3 & Day 6)	Menu 4 (Day 4)	Menu 5 (Day 5)	Wt./Vol.
	Hot Beverage	Branded Choice of Premix Tea/Coffee/Green Tea/Lemon Tea					120 ml
Morning Tea	Biscuit]	Branded Digestive Biscuit/ Multi Gr	ain/ Ragi/ Sorghum Cookies (21	Pcs)		20 gms
-	Hand sanitizer			1.2 ml			
	Cereals with Milk	Branded Oats with Hot/Cold Milk &Honey Sachet/Sugarfree Sachet	Branded Museli with Hot/Cold Milk & Honey Sachet/Sugarfree Sachet	Branded Corn Flakes with Hot/Cold Milk &Honey Sachet/Sugarfree Sachet	Branded Chocos with Hot/Cold Milk &Honey Sachet/Sugarfree Sachet	Branded Multi Grain Flakes with Hot/Cold Milk &Honey Sachet/Sugarfree Sachet	25 gms (Single Pkt.) + 150 ml (milk)
	Veg.	2 Aloo Parantha (180 gms) + Branded Flavoured Yogurt (80 gms) + Pickle (10-15 gms) + Alu Bhaaji (50 Gms)	Batata Poha/ Kanda Poha /Vermicili Veg Upma(100 gms) + Jalebi (50gms each) + Methi Thepla (80 gms) + Branded Flavoured Yogurt (80 Gms) + Pickle (10-15 gms)	Ragi Bhakhri (100 gms) with Alu Sabji (50 gm) and Kanda Bhajjia (80 gms)+ Branded Flavoured Yogurt (80 gms) + Pickle (10-15 gms)	Veg Upma (100 gms) + Ragi Thepla (2 pcs of 40 gms each= 80 gms) with Alu Sabji (50 gm)+ Branded Flavoured Yogurt (80 gms) + Pickle (10-15 gms)	Rice Idli/Ragi Idli (120 gms) + Sambhar (60 gms) + Alu Pattice (50 gms) + Branded Flavoured Yogurt (80 gms) + Pickle (10- 15 gms)	320 gms
Breakfast	or Non-Veg.	Masala Omlette (100 gms) with 02 slice of White/Brown bread (50 gms) + Butter chiplet (08- 10 gms) with Dal Vada (2 pcs of 40 gms each= 80 gms)+ Branded Flavoured Yogurt(80 gms)+ Pickle (10-15 gms)	Cheese Omlette (100 gms) with 02 slice of White/Brown bread (50 gms) + Butter chiplet (08-10 gms) with Methi Thepla (2 pcs of 40 gms each= 80 gms)+ Branded Flavoured Yogurt (80 gms)+ Pickle (10-15 gms)	Scrambled Egg (100 gms) with 02 slice of White/Brown bread (50 gms) + Butter chiplet (08- 10 gms) with Kanda Bhajjia (80 gms) + Branded Flavoured Yogurt (80 gms)+ Pickle (10- 15 gms)	Egg Bhurjee (100 gms) with 02 slice of White/Brown bread (50 gms)+ Butter chiplet (08-10 gms) with Ragi Thepla (2 pcs of 40 gms each= 80 gms)+ Branded Flavoured Yogurt(80 gms)+ Pickle (10-15 gms)	Fried Egg (100 gm) with 02 slice of White/Brown bread (50 gms) + Butter chiplet (08-10 gms) with Alu Pattice(40 gms)+ Branded Flavoured Yogurt (80 gms)+ Pickle (10-15 gms)	320 gms
	Savoury	Chakli/Ratlami Sev/ Dry Methi Muthia/ Crispy Dry Samosa/ Bajri Methi Dhebra/ Mathri 8					
	Fruit	Seasonal fresh whole fruit (Banana-2 Pc/Apple-1 Pc/ Orange-1 Pc) repeat on cyclic basis					
	Drinks	Branded Coconut water/Branded Lassi/Flavoured Milk/Branded Juices (Tropicana/ Real/ or Any other A Special Brand)					
	Hot Beverages	Branded Premix based Tea/Coffee with option of Green Tea/Lemon Tea/ Malt Drink/Hot Chocolate					
	Condiments	Salt, Pepper, Tomato Sauce Sachets (15 gms)					
	Napkin	Paper Nakin (Premium quality paper napkin with IRCTC logo)					
	Hand sanitizer	Hand sanitizer Sachet (IRCTC approved brand)					
	Refreshing						
	Tissue	Refreshing Tissue (Individually Packed)					
	Soup	Branded Pre-mix Sachet Tomato/ Manchow/Sweet Corn/Hot n Sour Soup (10 Gms)+ Butter Chiplet (8-10 gms)+ Bread Roll/Croissants (35-40 gms)					
	Rice Dish	Mix Veg Pulao	Kashmiri Pulao	Veg. Pulao	Pea Pulao	Jeera Rice	150 ml of Soup 100 gms
	Indian Bread	Kalonji Paratha (02 nos)	Lachha Parantha (02 nos)	Tawa Roti (03 nos)	Ajwain Paratha (4 nos)	Methi Paratha	100 gms
	Dal	Mix Dal	Dal Makhani	Yellow Dal	Dal Tadka	Kadhi Pakoda	120 gms
Lunch / Dinner Note: Menus of lunch & Dinner to be different on same day journeys.	Special Dish (Main Course) Veg. Dish Or	Veg Malai Kofta	Khoya Paneer with 70gms of paneer	Paneer butter Masala with 70gms of paneer	Kadhai Paneer with 70gms of paneer	Paneer Kolhapuri with 70gms of paneer	(70 gms Panner + 80 gms gms) 150 gms
	(Main Course) Non Veg. (Boneless) with 70 gms of chicken.	Butter Chicken	Khoya Chicken	Chicken Tikka Masala	Kadhai Chicken	Chicken Kolhapuri	(70 gms Boneless Chicken + 80 gms gms) 150 gms
	Dry Veg.	Sunheri Bhindi/Karela Kurkure	Ratlami Sev Tamatar Ki Sabzi	Mix Veg	Bhindi Masala	Alu Gobhi Muttor	60 gms

1	Branded Curd	Packaged Branded Curd in cups					
	Pickle	Pickle in blister pack					
	2 Desserts	 Premium flavoured Ice cream (80gm) i.e. Butter scotch, Kaju pista, fruit & Nut) & Moong Dal Halwa/ Rabdi/ Ragi ladoo/Sorghum Ladoo/Ragi Kheer 					
	Condiments	Salt, Pepper					
	Napkin	Paper Nakin (Premium quality paper napkin with IRCTC logo)					1 No
	Hand sanitizer	Hand sanitizer Sachet (IRCTC approved brand)					
	Snacks	Aloo Bonda (2 pcs)	Sabudana Vada (2 pcs)	Moong Dal Kachori (2 pcs)	Samosa Green Pea (2 pcs)	Hara Bhara Kebab (2 Pcs)	60 gms
	Sandwiches	Butter spreaded sliced Cheese Sandwich					
	Snacks (Packed branded)	Branded Ragi Khakhra	Sorghum Bhakharvadi	Branded Methi Khahkhra	Ragi Chakli	Multi Grain Khakhra	50 gms
	Drink	Branded Coconut water/Branded Lassi/Flavoured Milk/Branded Flavoured Yogurt/Branded Juices (Tropicana/ Real/ or Any other A Special Brand)					
	Sweet	Branded - Morena Gazak (All Varieties)/Mawa Baati/Chikki/ Angoori Petha/ Branded Soanpapdi					
Evening Hi-	Dry Fruits	Branded Salted Cashew Packet/ Salted Pistacchio Packet/Salted Almonds Packet					
Tea Snacks	Hot Beverage	Branded Premix based Tea/Coffee with option of Green Tea/Lemon Tea/ Malt Drink/Hot Chocolate					
	Condiments	Salt, Pepper, Tomato Sauce Sachets (15 gms)					
	Napkin	Paper Nakin (Premium quality paper napkin with IRCTC logo)					
	Hand Sanitizer	Hand sanitizer Sachet (IRCTC approved brand)					
	Refreshing Tissue	Refreshing Tissue (Individually Packed)					
	Note:	All Executive Class passengers should be welcomed with Rose Buds.					

Service	ltem	Menu 1 (Day 1 & Day 4)	Menu 2 (Day 2)	Menu 3 (Day 3 & Day 6)	Menu 4 (Day 4)	Menu 5 (Day 5)	Wt./Vol.
Morning Tea	Hot Beverage	Branded Choice of Premix Tea/Coffee/Green Tea/Lemon Tea					
	Biscuit	Branded Choice of Prenix Tea/Conee/Green Tea/Lenion Tea Branded Digestive Biscuit/ Multi Grain/ Ragi/ Sorghum Cookies (2 Pcs)					
viorning rea	Hand sanitizer	Hand sanitizer sachet					
Breakfast	Veg.	2 Aloo Parantha (100 gms) + Branded Curd (80 gms) + Pickle (10-15 gms) + Alu Bhaaji (50 Gms)	Batata Poha/ Kanda Poha /Vermicili Veg Upma(100 gms) + Jalebi (50gms each) + Methi Thepla (80 gms) + Pickle (10-15 gms)	Ragi Bhakhri (100, gms) with	Veg Upma (100 gms) + Ragi Thepla (2 pcs of 40 gms each= 80 gms) with Alu Sabji (50 gm) + Pickle (10- 15 gms)	Rice Idli/Ragi Idli (120 gms) + Sambhar (60 gms) + Alu Pattice (50 gms) + Pickle (10-15 gms)	1.2 ml 240 gms
	or Non-Veg.	Masala Omlette (100 gms) with 02 slice of White/Brown bread (50 gms) + Butter chiplet (08-10 gms) with Dal Vada (2 pcs of 40 gms each= 80 gms) + Pickle (10- 15 gms)	Cheese Omlette (100 gms) with 02 slice of White/Brown bread (50 gms) + Butter chiplet (08-10 gms) with Methi Thepla (2 pcs of 40 gms each= 80 gms) + Pickle (10-15 gms)	02 slice of White/Brown bread	Egg Bhurjee (100 gms) with 02 slice of White/Brown bread (50 gms)+ Butter chiplet (08-10 gms) with Ragi Thepla (2 pcs of 40 gms each= 80 gms) + Pickle (10-15 gms)	of White/Brown bread (50 gms)	240 gms
	Savoury	Chakli/Ratlami Sev/ Dry Methi Muthia/ Crispy Dry Samosa/ Bajri Methi Dhebra/ Mathri					
	Drinks	Branded Coconut water/Branded Lassi/Flavoured Milk/Branded Flavoured Yogurt/Branded Juices (Tropicana/ Real/ or Any other A Special Brand)					
	Hot Beverages	Branded Premix based Tea/Coffee with option of Green Tea/Lemon Tea/ Malt Drink/Hot Chocolate					
	Condiments	Salt, Pepper, Tomato Sauce Sachets (15 gms)					
	Napkin	Paper Nakin (Premium quality paper napkin with IRCTC logo)					
	Hand sanitizer	Hand sanitizer Sachet (IRCTC approved brand)					
	Rice dish	Mix Veg Pulao	Kashmiri Pulao	Veg. Pulao	Pea Pulao	Jeera Rice	100 gms
	Indian Bread	Kalonji Paratha (02 nos)	Lachha Parantha (02 nos)	Tawa Roti (03 nos)	Ajwain Paratha (4 nos)	Methi Paratha	100 gms
	Dal	Mix Dal	Dal Makhani	Yellow Dal	Dal Tadka	Kadhi Pakoda	120 gms

Lunch / Dinner	Special Dish (Main Course) Veg. Dish	Veg Malai Kofta	Khoya Paneer with 70gms of paneer	Paneer butter Masala with 70gms of paneer	Kadhai Paneer with 70gms of paneer	Paneer Kolhapuri with 70gms of paneer	(70 gms Panner + 80 gms gms) 150 gms	
Note: Menus of lunch & Dinner to be different on same day	Or (Main Course) Non Veg. (Boneless) with 70 gms of	Butter Chicken	Khoya Chicken	Chicken Tikka Masala	Kadhai Chicken	Chicken Kolhapuri	(70 gms Boneless Chicken + 80 gms gms) 150 gms	
journeys.	Branded Curd			Branded Packaged Curd			80 gms	
	Pickle	Pickle in blister pack						
-	Dessert	Premium flavoured Ice cream (80gm) i.e.Butter scotch, Kaju pista, fruit & Nut)						
	Condiments	Salt, Pepper						
-	Napkin	Paper Nakin (Premium quality paper napkin with IRCTC logo)						
	Hand sanitizer	Hand sanitizer Sachet (IRCTC approved brand)						
	Snacks	Aloo Bonda (2 pcs)	Aloo Pyaaz Ki Kachori (2 pcs)	Moong Dal Kachori (2 pcs)	Samosa Green Pea (2 pcs)	Hara Bhara Kebab (2 Pcs)	60 gms	
	Snacks (Packed branded)	Branded Ragi Khakhra	Sorghum Bhakharvadi	Branded Methi Khahkhra	Ragi Chakli	Multi Grain Khakhra	50 gms	
Evening Hi-Tea	Sweets	Mawa Baati	Chikki	Morena Gazak	Angoori Petha	Branded Soanpapdi	25 gms	
Snacks	Drink	Branded Coconut water/Branded Lassi/Flavoured Milk/Branded Flavoured Yogurt/Branded Juices (Tropicana/ Real/ or Any other A Special Brand)						
	Hot Beverage	Branded Premix based Tea/Coffee with option of Green Tea/Lemon Tea/ Malt Drink/Hot Chocolate						
	Condiments	Salt, Pepper, Tomato Sauce Sachets (15 gms)						
	Napkin	Paper Nakin (Premium quality paper napkin with IRCTC logo)						
	Hand Sanitizer		Hand	d sanitizer Sachet (IRCTC approved	d brand)		1.2 ml	
	 Note: 1. All food items should be individually packed & served in bio-degradable packaging material with good quality cutlery. 2. Packaging material should be food grade and FSSAI compliant. 3. Pre-mix Tea/Coffee/Green Tea/Malt beverage should be served with Stirrer, bone china cup with saucer, paper napkin & Hot Water (150 ml) in flask. 5. Bread Slices to be served in packed Envelope. 6. Salt, Pepper Sachets & tomato kectup sachets to be served. 7. Branded soup premix sachet should be served with Stirrer, Soup bowl with underliner and Hot Water (200 ml) in thermos flask on traymat on tray to EC passengers. 8. Parathas should be packed/served in aluminum foil or aluminum wrapper. 9. FSSAI approved and good quality of raw material should be used in meal preparation. 10. Proper recipes must be followed in preparation of all items especially items of gravy dishes. 11. The branded cooking vegetable oil should be used as cooking medium. 12. Long grain branded basmati rice must be used in preparation of rice items. 13. Only boneless chicken should be used in chicken dish preparation. Neck & wing portions of chicken should not be served. 14. Refreshing tissue (individually packed) hand sanitizer sachet must be served to each passenger during breakfast, lunch, evening tea and dinner services. 							
	 The menu should be served on cyclic basis. Option of sugar free to be offered to the passengers with Tea/Coffee service. The grammange/vol. indicated against the item is minimum. 							