	South Zone- SL											
	Morning Tea											
S.No	Set-1	Set 2	Set 3	Set 4	Set 5	Set 6	Set 7					
	Choice of Tea/ Coffee	Choice of Tea/ Coffee	Choice of Tea/ Coffee	Choice of Tea/ Coffee								
	Sugar Sachet / Sugarfree sachets (7gm)	Sugar Sachet / Sugarfree sachets (7gm)	Sugar Sachet / Sugarfree sachets (7gm)	Sugar Sachet / Sugarfree sachets (7gm)	Sugar Sachet / Sugarfree sachets (7gm)	Sugar Sachet / Sugarfree sachets (7gm)	Sugar Sachet / Sugarfree sachets (7gm)					
	Dairy Creamer sachet (5gm)	Dairy Creamer sachet (5gm)	Dairy Creamer sachet (5gm)	Dairy Creamer sachet (5gm)	Dairy Creamer sachet (5gm)	Dairy Creamer sachet (5gm)	Dairy Creamer sachet (5gm)					
	Stirrer + Napkin tissue	Stirrer + Napkin tissue	Stirrer + Napkin tissue	Stirrer + Napkin tissue	Stirrer + Napkin tissue	Stirrer + Napkin tissue	Stirrer + Napkin tissue					
	Disposable Cup	Disposable Cup	Disposable Cup	Disposable Cup	Disposable Cup	Disposable Cup	Disposable Cup					
	Breakfast											
	Set-1	Set 2	Set 3	Set 4	Set 5	Set 6	Set 7					
	Bhagar Veg Upma (150 gm) + Medu Vada (40 gm) + Coconut Chutney (50 gms) + Sambhar (100 gms)	Onion Uttapam (150 gms) + Dal Vada (40 gms) + Coconut Chutney (50 gms) + Sambhar (100 gms)	Set Dosai (3 nos) of 150 gms + Medu Vada (40 gm) + Coconut Chutney (50 gms) + Sambhar (100 gms)	2 Stuffed (Aloo/ Gobhi/ Mix Veg. Etc) Paratha (75 gm each) + Branded curd (80 gm) + Pickle in blister pack (10gm)	03 Idli (150 gms)+ Medu Vada (40 gms) + Coconut Chutney (50 gms) + Sambhar (100 gms)	Pongal (150 gms) + Medu Vada (40 gms) + Coconut Chutney (50 gms) + Sambhar (100 gms)	Paneer. cutlet-2 (50gm each) + 2 sliced brown bread (50gm) + Butter in blister pack (8gm)					
2	Omelette of 2 eggs + Tomato Ketchup sachet (10g) + 2 sliced bread (50gm) + Butter in blister pack (8gms)	Omelette of 2 eggs + Tomato Ketchup sachet (10g) + 2 sliced bread (50gm) + Butter in blister pack (8gms)	Omelette of 2 eggs + Tomato Ketchup sachet (10g) + 2 sliced bread (50gm) + Butter in blister pack (8gms)	Omelette of 2 eggs + Tomato Ketchup sachet (10g) + 2 sliced bread (50gm) + Butter in blister pack (8gms)	Omelette of 2 eggs + Tomato Ketchup sachet (10g) + 2 sliced bread (50gm) + Butter in blister pack (8gms)	Omelette of 2 eggs + Tomato Ketchup sachet (10g) + 2 sliced bread (50gm) + Butter in blister pack (8gms)	Omelette of 2 eggs + Tomato Ketchup sachet (10g) + 2 sliced bread (50gm) + Butter in blister pack (8gms)					
	Choice of Tea/ Coffee	Choice of Tea/ Coffee	Choice of Tea/ Coffee	Choice of Tea/ Coffee								
	Sugar Sachet / Sugarfree sachets (7gm)	Sugar Sachet / Sugarfree sachets (7gm)	Sugar Sachet / Sugarfree sachets (7gm)	Sugar Sachet / Sugarfree sachets (7gm)	Sugar Sachet / Sugarfree sachets (7gm)	Sugar Sachet / Sugarfree sachets (7gm)	Sugar Sachet / Sugarfree sachets (7gm)					
	Dairy Creamer sachet (5gm)	Dairy Creamer sachet (5gm)	Dairy Creamer sachet (5gm)	Dairy Creamer sachet (5gm)	Dairy Creamer sachet (5gm)	Dairy Creamer sachet (5gm)	Dairy Creamer sachet (5gm)					
	Stirrer + Napkin tissue	Stirrer + Napkin tissue	Stirrer + Napkin tissue	Stirrer + Napkin tissue	Stirrer + Napkin tissue	Stirrer + Napkin tissue	Stirrer + Napkin tissue					
	Disposable Cup	Disposable Cup	Disposable Cup	Disposable Cup	Disposable Cup	Disposable Cup	Disposable Cup					
	Napkin Tissue Paper + Salt & Pepper Sachet + Disposable wooden spoon + Sanitizer (1.5ml)	Napkin Tissue Paper + Salt & Pepper Sachet + Disposable wooden spoon + Sanitizer (1.5ml)	Napkin Tissue Paper + Salt & Pepper Sachet + Disposable wooden spoon + Sanitizer (1.5ml)	Napkin Tissue Paper + Salt & Pepper Sachet + Disposable wooden spoon + Sanitizer (1.5ml)	Napkin Tissue Paper + Salt & Pepper Sachet + Disposable wooden spoon + Sanitizer (1.5ml)	Napkin Tissue Paper + Salt & Pepper Sachet + Disposable wooden spoon + Sanitizer (1.5ml)	Napkin Tissue Paper + Salt & Pepper Sachet + Disposable wooden spoon + Sanitizer (1.5ml)					
	Evening Snacks											
3	Set-1	Set 2	Set 3	Set 4	Set 5	Set 6	Set 7					
	Masala Vada (40gm)	Mysore Bonda (40gm)	Urad Vada (40 gm)	Aloo Samosa (40gm)	Medu Pakoda (40gm)	Medur Vada (40gm)	Matar Samosa (40gm)					
	Tomato Ketchup (12 gm)	Tomato Ketchup (12 gm)	Tomato Ketchup (12 gm)	Tomato Ketchup (12 gm)	Tomato Ketchup (12 gm)	Tomato Ketchup (12 gm)	Tomato Ketchup (12 gm)					

Choice of Tea/ Coffee	Choice of Tea/ Coffee	Choice of Tea/ Coffee	Choice of Tea/ Coffee	Choice of Tea/ Coffee	Choice of Tea/ Coffee	Choice of Tea/ Coffee
Sugar Sachet / Sugarfree sachets (7gm)	Sugar Sachet / Sugarfree sachets (7gm)	Sugar Sachet / Sugarfree sachets (7gm)	Sugar Sachet / Sugarfree sachets (7gm)	Sugar Sachet / Sugarfree sachets (7gm)	Sugar Sachet / Sugarfree sachets (7gm)	Sugar Sachet / Sugarfree sachets (7gm)
Dairy Creamer sachet (5gm)	Dairy Creamer sachet (5gm)	Dairy Creamer sachet (5gm)	Dairy Creamer sachet (5gm)	Dairy Creamer sachet (5gm)	Dairy Creamer sachet (5gm)	Dairy Creamer sachet (5gr
Stirrer + Napkin tissue	Stirrer + Napkin tissue	Stirrer + Napkin tissue	Stirrer + Napkin tissue	Stirrer + Napkin tissue	Stirrer + Napkin tissue	Stirrer + Napkin tissue
Disposable Cup	Disposable Cup	Disposable Cup	Disposable Cup	Disposable Cup	Disposable Cup	Disposable Cup
Lunch & Dinner						
Set-1	Set 2	Set 3	Set 4	Set 5	Set 6	Set 7
Veg. Pulao 100 gm	Jeera Rice 100gm	Plain Rice 100gm	Jeera Rice 100gm	Plain Rice 100gm	Jeera Rice 100gm	Veg. Pulao 100 gm
Plain Roti 100gm (4 no)	Plain Roti 100gm (4 no)	Plain Roti 100gm (4 no)	Plain Roti 100gm (4 no)	Plain Roti 100gm (4 no)	Plain Roti 100gm (4 no)	Plain Roti 100gm (4 no
Dal Arhar 120gm	Dal Tadka 120gm	Moong Dal 120gm	Dal Chana 120gm	Dal Chola 120gm	Moong Dal 120gm	Dal Fry 120gm
Mix Seasonal Veg of regional preference(120 gm)	Mix Seasonal Veg of regional preference(120 gm)	Mix Seasonal Veg of regional preference(120 gm)	Mix Seasonal Veg of regional preference(120 gm)	Mix Seasonal Veg of regional preference(120 gm)	Mix Seasonal Veg of regional preference(120 gm)	Mix Seasonal Veg of regio preference(120 gm)
OR	OR	OR	OR	OR	OR	OR
Chicken Curry of regional preference 100 gm (60gm boneless chicken)	Chicken Curry of regional preference 100 gm (60gm boneless chicken)	Chicken Curry of regional preference 100 gm (60gm boneless chicken)	Chicken Curry of regional preference 100 gm (60gm boneless chicken)	Chicken Curry of regional preference 100 gm (60gm boneless chicken)	Chicken Curry of regional preference 100 gm (60gm boneless chicken)	Chicken Curry of region preference 100 gm (60g boneless chicken)
Pickle Sachet (12gm)	Pickle Sachet (12gm)	Pickle Sachet (12gm)	Pickle Sachet (12gm)	Pickle Sachet (12gm)	Pickle Sachet (12gm)	Pickle Sachet (12gm)
Branded Curd/ Mishti Doi 80 gm	Branded Curd/ Mishti Doi 80 gm	Branded Curd/ Mishti Doi 80 gm	Branded Curd/ Mishti Doi 80 gm	Branded Curd/ Mishti Doi 80 gm	Branded Curd/ Mishti Doi 80 gm	Branded Curd/ Mishti Do gm
Napkin Tissue Paper + Salt & Pepper Sachet + Disposable wooden spoon + Sanitizer (1.5ml)	Napkin Tissue Paper + Salt & Pepper Sachet + Disposable wooden spoon + Sanitizer (1.5ml)	Napkin Tissue Paper + Salt & Pepper Sachet + Disposable wooden spoon + Sanitizer (1.5ml)	Napkin Tissue Paper + Salt & Pepper Sachet + Disposable wooden spoon + Sanitizer (1.5ml)	Napkin Tissue Paper + Salt & Pepper Sachet + Disposable wooden spoon + Sanitizer (1.5ml)	Napkin Tissue Paper + Salt & Pepper Sachet + Disposable wooden spoon + Sanitizer (1.5ml)	Napkin Tissue Paper + S & Pepper Sachet + Disposable wooden spoo Sanitizer (1.5ml)

Food to be served on a tray, with tray mat having details of menu and IRCTC toll free number Option of Jain/ diabetic Food to be provided. Ready Made Masala Tea to be provided on demand