

Jain Food (without Onion & Garlic)-EC/ 1A

| SN | Morning Tea | | | | |
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| | NZ | EZ | WZ | SCZ | SZ |
| 1 | Branded Digestive Biscuit/ Assorted Sugar Free Cookies/ Ragi Biscuits (2 Pc packet) | Branded Digestive Biscuit/ Assorted Sugar Free Cookies/ Ragi Biscuits (2 Pc packet) | Branded Digestive Biscuit/ Assorted Sugar Free Cookies/ Ragi Biscuits (2 Pc packet) | Branded Digestive Biscuit/ Assorted Sugar Free Cookies/ Ragi Biscuits (2 Pc packet) | Branded Digestive Biscuit/ Assorted Sugar Free Cookies/ Ragi Biscuits (2 Pc packet) |
| | Branded Choice of Premium Premix Tea/ Tea/Coffee/Green Tea/Lemon Tea without sugar | Branded Choice of Premium Premix Tea/ Tea/Coffee/Green Tea/Lemon Tea without sugar | Branded Choice of Premium Premix Tea/ Tea/Coffee/Green Tea/Lemon Tea without sugar | Branded Choice of Premium Premix Tea/ Tea/Coffee/Green Tea/Lemon Tea without sugar | Branded Choice of Premium Premix Tea/ South Indian Filter Coffee/ Tea/Coffee/Green Tea/Lemon Tea without sugar |
| | Sugar Sachet/Sugarfree sachets/Branded Jaggery Powder/ | Sugar Sachet/Sugarfree sachets/Branded Jaggery Powder/ | Sugar Sachet/Sugarfree sachets/Branded Jaggery Powder/ | Sugar Sachet/Sugarfree sachets/Branded Jaggery Powder/ | Sugar Sachet/Sugarfree sachets/Branded Jaggery Powder/ |
| | Dairy Creamer Sachet/ blister pack (5gm) | Dairy Creamer Sachet/ Blister (5gm) | Dairy Creamer Sachet/ Blister (5gm) | Dairy Creamer Sachet/ Blister (5gm) | Dairy Creamer Sachet/ Blister (5gm) |
| | Envelope with Stainless Steel Tea Spoon + Good quality Napkin tissue | Envelope with Stainless Steel Tea Spoon + Good quality Napkin tissue | Envelope with Stainless Steel Tea Spoon + Good quality Napkin tissue | Envelope with Stainless Steel Tea Spoon + Good quality Napkin tissue | Envelope with Stainless Steel Tea Spoon + Good quality Napkin tissue |
| Breakfast | | | | | |
| | NZ | EZ | WZ | SCZ | SZ |
| 2 | Branded packed Oats/ Museli/ Corn Flakes/ Chocos/ Ragi Bites/ Ragi Muesli (25 gms) with Hot/Cold Milk (100 ml) & Branded / Sugarfree Sachet/ Jaggery Powder (Min. 7 gms) | Branded packed Oats/ Museli/ Corn Flakes/ Chocos/ Ragi Bites/ Ragi Muesli (25 gms) with Hot/Cold Milk (100 ml) & Branded / Sugarfree Sachet/ Jaggery Powder (Min. 7 gms) | Branded packed Oats/ Museli/ Corn Flakes/ Chocos/ Ragi Bites/ Ragi Muesli (25 gms) with Hot/Cold Milk (100 ml) & Branded / Sugarfree Sachet/ Jaggery Powder (Min. 7 gms) | Branded packed Oats/ Museli/ Corn Flakes/ Chocos/ Ragi Bites/ Ragi Muesli (25 gms) with Hot/Cold Milk (100 ml) & Branded / Sugarfree Sachet/ Jaggery Powder (Min. 7 gms) | Branded packed Oats/ Museli/ Corn Flakes/ Chocos/ Ragi Bites/ Ragi Muesli (25 gms) with Hot/Cold Milk (100 ml) & Branded / Sugarfree Sachet/ Jaggery Powder (Min. 7 gms) |
| | Multigrain Breads/ Croissant/ Muffins 50 gm (Eggless) | Multigrain Breads/ Croissant/ Muffins 50 gm (Eggless) | Multigrain Breads/ Croissant/ Muffins 50 gm (Eggless) | Multigrain Breads/ Croissant/ Muffins 50 gm (Eggless) | Multigrain Breads/ Croissant/ Muffins 50 gm (Eggless) |
| | Marmalade/ Jam/ Chutney in blister pack as an option (10 gm) | Marmalade/ Jam/ Chutney in blister pack as an option (10 gm) | Marmalade/ Jam/ Chutney in blister pack as an option (10 gm) | Marmalade/ Jam/ Chutney in blister pack as an option (10 gm) | Marmalade/ Jam/ Chutney in blister pack as an option (10 gm) |
| | Butter in Blister Pack (8gm) | Butter in Blister Pack (8gm) | Butter in Blister Pack (8gm) | Butter in Blister Pack (8gm) | Butter in Blister Pack (8gm) |
| | Veg. Besan Chila (150gm) + Branded Curd (80gm) + Pickle in Blister pack (10gm) | Luchi 4 no. (75 gms) + Chana Dal (100 gms) + Branded Curd (80 gm) + Pickle in Blister pack (10gm) | Ragi Bhakhri 100gms + Medu Vada (40gm) + Branded Curd (80gm) + Pickle in Blister pack (10gm) | Bhagar Veg Upma (150 gm) + Medu Vada (40 gm) + Coconut Chutney (50 gms) + Sambhar (100 gms) | 03 Idli (150 gms)+ Medu Vada (40 gms) + Coconut Chutney (50 gms) + (100 gms) |
| | Seasonal fresh whole fruit 100 gm (Banana-1 Pc/ Apple-1 Pc/ Orange-1 Pc) repeat on cyclic basis | Seasonal fresh whole fruit 100 gm (Banana-1 Pc/ Apple-1 Pc/ Orange-1 Pc) repeat on cyclic basis | Seasonal fresh whole fruit 100 gm (Banana-1 Pc/ Apple-1 Pc/ Orange-1 Pc) repeat on cyclic basis | Seasonal fresh whole fruit 100 gm (Banana-1 Pc/ Apple-1 Pc/ Orange-1 Pc) repeat on cyclic basis | Seasonal fresh whole fruit 100 gm (Banana-1 Pc/ Apple-1 Pc/ Orange-1 Pc) repeat on cyclic basis |
| | Branded Choice of Premium Premix Tea/ Tea/Coffee/Green Tea/Lemon Tea without sugar | Branded Choice of Premium Premix Tea/ Tea/Coffee/Green Tea/Lemon Tea without sugar | Branded Choice of Premium Premix Tea/ Tea/Coffee/Green Tea/Lemon Tea without sugar | Branded Choice of Premium Premix Tea/ Tea/Coffee/Green Tea/Lemon Tea without sugar | Branded Choice of Premium Premix Tea/ Tea/Coffee/Green Tea/Lemon Tea without sugar |
| | Sugar Sachet/Sugarfree sachets/Branded Jaggery Powder/ | Sugar Sachet/Sugarfree sachets/Branded Jaggery Powder/ | Sugar Sachet/Sugarfree sachets/Branded Jaggery Powder/ | Sugar Sachet/Sugarfree sachets/Branded Jaggery Powder/ | Sugar Sachet/Sugarfree sachets/Branded Jaggery Powder/ |
| | Dairy Creamer Sachet/ Blister (5gm) | Dairy Creamer Sachet/ Blister (5gm) | Dairy Creamer Sachet/ Blister (5gm) | Dairy Creamer Sachet/ Blister (5gm) | Dairy Creamer Sachet/ Blister (5gm) |
| Packed envelope having Good Quality Napkin Tissue Paper + Salt & Pepper Sachet + Stainless Steel Spoon, Knife & Fork + Sanitizer (1.5ml) + Mouth freshener | Packed envelope having Good Quality Napkin Tissue Paper + Salt & Pepper Sachet + Stainless Steel Spoon, Knife & Fork + Sanitizer (1.5ml) + Mouth freshener | Packed envelope having Good Quality Napkin Tissue Paper + Salt & Pepper Sachet + Stainless Steel Spoon, Knife & Fork + Sanitizer (1.5ml) + Mouth freshener | Packed envelope having Good Quality Napkin Tissue Paper + Salt & Pepper Sachet + Stainless Steel Spoon, Knife & Fork + Sanitizer (1.5ml) + Mouth freshener | Packed envelope having Good Quality Napkin Tissue Paper + Salt & Pepper Sachet + Stainless Steel Spoon, Knife & Fork + Sanitizer (1.5ml) + Mouth freshener | |

| Evening Snacks | | | | |
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| NZ | EZ | WZ | SCZ | SZ |
| Branded roasted nuts in sealed pouch 20 gm (Cashewnuts/ Almonds) | Branded roasted nuts in sealed pouch 20 gm (Cashewnuts/ Almonds) | Branded roasted nuts in sealed pouch 20 gm (Cashewnuts/ Almonds) | Branded roasted nuts in sealed pouch 20 gm (Cashewnuts/ Almonds) | Branded roasted nuts in sealed pouch 20 gm (Cashewnuts/ Almonds) |
| Dal Kachori (40gm) | Baked Samosa (40gm) | Lilwa Mattar Kachori (40 gm) | Cocktail Samosa (40gm) | Medu Pakoda (40gm) |
| Veg. Sandwich (60 gm) | Veg. Sandwich (60 gm) | Veg. Sandwich (60 gm) | Veg. Sandwich (60 gm) | Veg. Sandwich (60 gm) |
| Packed Indian Sweet (30 gm) (Coconut Barfi/ Mysore Pak/ Besan Laddu/ Ragi Laddu/ Mawa Bites) | Packed Indian Sweet (30 gm) (Coconut Barfi/ Mysore Pak/ Besan Laddu/ Ragi Laddu/ Mawa Bites) | Packed Indian Sweet (30 gm) (Coconut Barfi/ Mysore Pak/ Besan Laddu/ Ragi Laddu/ Mawa Bites) | Packed Indian Sweet (30 gm) (Coconut Barfi/ Mysore Pak/ Besan Laddu/ Ragi Laddu/ Mawa Bites) | Packed Indian Sweet (30 gm) (Coconut Barfi/ Mysore Pak/ Besan Laddu/ Ragi Laddu/ Mawa Bites) |
| Branded Choice of Premium Premix Tea/ Tea/Coffee/Green Tea/Lemon Tea without sugar | Branded Choice of Premium Premix Tea/ Tea/Coffee/Green Tea/Lemon Tea without sugar | Branded Choice of Premium Premix Tea/ Tea/Coffee/Green Tea/Lemon Tea without sugar | Branded Choice of Premium Premix Tea/ Tea/Coffee/Green Tea/Lemon Tea without sugar | Branded Choice of Premium Premix Tea/ Tea/Coffee/Green Tea/Lemon Tea without sugar |
| Sugar Sachet/Sugarfree sachets/Branded Jaggery Powder/ | Sugar Sachet/Sugarfree sachets/Branded Jaggery Powder/ | Sugar Sachet/Sugarfree sachets/Branded Jaggery Powder/ | Sugar Sachet/Sugarfree sachets/Branded Jaggery Powder/ | Sugar Sachet/Sugarfree sachets/Branded Jaggery Powder/ |
| Dairy Creamer Sachet / Blister (5gm) | Dairy Creamer Sachet / Blister (5gm) | Dairy Creamer Sachet / Blister (5gm) | Dairy Creamer Sachet / Blister (5gm) | Dairy Creamer Sachet / Blister (5gm) |
| Packed envelope having Good Quality Napkin Tissue Paper + Salt & Pepper Sachet + Stainless Steel spoon & fork + Sanitizer (1.5ml) + Mouth freshener | Packed envelope having Good Quality Napkin Tissue Paper + Salt & Pepper Sachet + Stainless Steel spoon & fork + Sanitizer (1.5ml) + Mouth freshener | Packed envelope having Good Quality Napkin Tissue Paper + Salt & Pepper Sachet + Stainless Steel spoon & fork + Sanitizer (1.5ml) + Mouth freshener | Packed envelope having Good Quality Napkin Tissue Paper + Salt & Pepper Sachet + Stainless Steel spoon & fork + Sanitizer (1.5ml) + Mouth freshener | Packed envelope having Good Quality Napkin Tissue Paper + Salt & Pepper Sachet + Stainless Steel spoon & fork + Sanitizer (1.5ml) + Mouth freshener |
| Lunch/ Dinner | | | | |
| NZ | EZ | WZ | SCZ | SZ |
| Juice/Chaach in Tetra pack-200 ml | Juice/Chaach in Tetra pack-200 ml | Juice/Chaach in Tetra pack-200 ml | Juice/Chaach in Tetra pack-200 ml | Juice/Chaach in Tetra pack-200 ml |
| Main Course | | | | |
| Veg. Pulao 100 gm (Basmati Rice) | Plain Rice 100 gm (Basmati Rice) | Kashimri Pulao 100 gm (Basmati Rice) | Jeera Rice 100 gm (Basmati Rice) | Peas Pulao 100 gm (Basmati Rice) |
| Chapati/ Roti 100gm (03 nos)/Parantha 100 gms (2 nos) | Chapati/ Roti 100gm (03 nos)/Parantha 100 gms (2 nos) | Chapati/ Roti 100gm (03 nos)/Parantha 100 gms (2 nos) | Chapati/ Roti 100gm (03 nos)/Parantha 100 gms (2 nos) | Chapati/ Roti 100gm (03 nos)/Parantha 100 gms (2 nos) |
| Panchratani Dal 150gm | Moong Dal (150gm) | Gujarati Dal (150gm) | Moong Dal (150gm) | Arhar Dal (150gm) |
| Kadhai Paneer 150gm (60gm Paneer) | Paneer Kofta 150gm (3 X 25gm Kofta) | Paneer Butter Masala 150gm (60gm Paneer) | Matar Paneer Masala 150gm (60gm Paneer) | Veg Kofta 150gm (3 X 25gm Kofta) |
| Dry Seasonal Vegetable without Potato, Carrot (60gm) | Dry Seasonal Vegetable without Potato, Carrot (60gm) | Dry Seasonal Vegetable without Potato, Carrot (60gm) | Dry Seasonal Vegetable without Potato, Carrot (60gm) | Dry Seasonal Vegetable without Potato, Carrot (60gm) |
| Branded Curd/ Mishti Doi 80 gm | Branded Curd/ Mishti Doi 80 gm | Branded Curd/ Mishti Doi 80 gm | Branded Curd/ Mishti Doi 80 gm | Branded Curd/ Mishti Doi 80 gm |
| Pickle in Blister pack (12gm) | Pickle in Blister pack (12gm) | Pickle in Blister pack (12gm) | Pickle in Blister pack (12gm) | Pickle in Blister pack (12gm) |
| Dessert Course | | | | |
| NZ | EZ | WZ | SCZ | SZ |
| Premium flavored Ice cream/ Premium flavored Ice Cream Sugar Free (80 gms) i.e. Butter Scotch, Kaju Pista, Fruit & Nut, Cassatta etc). / Chhena Pauda | Premium flavored Ice cream/ Premium flavored Ice cream Sugar Free (80 gms) i.e. Butter Scotch, Kaju Pista, Fruit & Nut, Cassatta etc). / Chhena Pauda | Premium flavored Ice cream/ Premium flavored Ice cream Sugar Free (80 gms) i.e. Butter Scotch, Kaju Pista, Fruit & Nut, Cassatta etc). / Chhena Pauda | Premium flavored Ice cream/ Premium flavored Ice Cream Sugar Free (80 gms) i.e. Butter Scotch, Kaju Pista, Fruit & Nut, Cassatta etc). / Chhena Pauda | Premium flavored Ice cream/ Premium flavored Ice Cream Sugar Free (80 gms) i.e. Butter Scotch, Kaju Pista, Fruit & Nut, Cassatta etc). / Chhena Pauda |

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| 100gm/ Shri Khand 100 gm/ Basudi 100 gm/ Flavored Yougurt 80 gm/ Sandesh 100 gm (2pcs) | 100gm/ Shri Khand 100 gm/ Basudi 100 gm/ Flavored Yougurt 80 gm/ Sandesh 100 gm (2pcs) | 100gm/ Shri Khand 100 gm/ Basudi 100 gm/ Flavored Yougurt 80 gm/ Sandesh 100 gm (2pcs) | 100gm/ Shri Khand 100 gm/ Basudi 100 gm/ Flavored Yougurt 80 gm/ Sandesh 100 gm (2pcs) | 100gm/ Shri Khand 100 gm/ Basudi 100 gm/ Flavored Yougurt 80 gm/ Sandesh 100 gm (2pcs) |
| Packed envelope having Good Quality Napkin Tissue Paper + Salt & Pepper Sachet + Stainless Steel Spoon & Fork + Sanitizer (1.5ml) + Mouth freshener | Packed envelope having Good Quality Napkin Tissue Paper + Salt & Pepper Sachet + Stainless Steel Spoon & Fork + Sanitizer (1.5ml) + Mouth freshener | Packed envelope having Good Quality Napkin Tissue Paper + Salt & Pepper Sachet + Disposable wooden spoon & fork + Sanitizer (1.5ml) + Mouth freshener | Packed envelope having Good Quality Napkin Tissue Paper + Salt & Pepper Sachet + Stainless Steel Spoon & Fork + Sanitizer (1.5ml) + Mouth freshener | Packed envelope having Good Quality Napkin Tissue Paper + Salt & Pepper Sachet + Disposable wooden spoon & fork + Sanitizer (1.5ml) + Mouth freshener |
| <p>It is to ensure that Ingredients not suitable for Jain Meal, not be used in preparation of Jain Meal</p> <p>Service - Bone china crockery to be used for service along with Stainless Steel Cutlery and Damass Table Cloth & Cloth Napkin</p> <p>Ragi Dalia on demand as an option to breakfast cereals</p> <p>Ragi Khichdi on demand as an option to Rice dish</p> <p>Food to be served on a tray, with tray mat having details of menu and IRCTC toll free number</p> | | | | |